

# Correct Toes Modifications

Correct Toes are designed to be adaptable and customizable. Use the following modifications to optimize fit and increase comfort.



## Irritation + Rubbing



Wear toe socks to create a barrier between your skin and the Correct Toes.



Use the Shoe Liner Test™ to ensure footwear fit Correct Toes.

\*Try these first before making modifications.

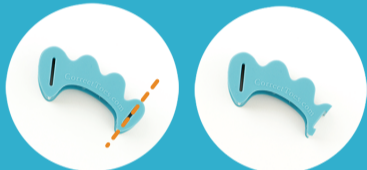
Reference the following modifications to trim away bothersome material.



For the best results use a pair of sharp, fine point scissors.

## Too Much Pinky Spread

Start by cutting off half the pinky spacer.



If irritation persists, cut off the remaining pinky spacer.



## Correct Toes Sliding Off

Start by wearing toe socks or regular socks.

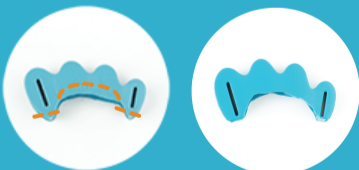


Trim big toe and/or pinky toe spacer to allow Correct Toes to slide further on.



## Short Toes

Start by trimming the big toe and pinky toe spacer. Next, cut back the curved middle portion to allow Correct Toes to slide further on.



## Corn

Apply Moleskin to affected area.



If irritation persists, cut a small hole in Correct Toes over affected toe.



## Bunion + Tailor's Bunion



Use a pair of tweezers to add a shim in the needed Correct Toes slot.

\*Only add the shim after 3-4 months of regular Correct Toes use.

### What is a shim?

A shim is any soft, flexible material that can be used to spread or widen the hollow cavity within the Correct Toes pylons. Try cutting out a piece of an old shoe liner and inserting it into the slot.

## Too Tight on Toes

First, try a larger size.



Cut a small hole on the top and/or bottom for extra elasticity.

## Hammertoes



Start by cutting a small hole in the Correct Toes over your hammertoe.

If additional elasticity is needed, then trim away part of the top interspace.



## Webbed Toes

Trim away a portion or entirely remove the spacer where it conflicts with webbed toes.



## Large Size Modification

Trim the middle pylons to avoid irritation on the ball of the foot or base of the toes.

